

WHD 2011 – to Men without Hats version of Safety Dance

	Steps	song
8	Dance in w/o hoops (hoop on floor	Intro: Synth intro 2 bars
8	Continue dance without hoop	
8	Arms in R, L, R up, L up, slowly down to shoulder height held out at sides	Verse A: We can dance if we want to, we can leave your friends behind
8	Jump to turn in to face centre, (arms still out to sides), then arms in R, L, drop down to pick up hoop	Cause your friends don't dance, and if they don't dance, well they're no friends of mine
8	Sparkle up holding hoop	Verse B: Say, We can go where we want to, a place where they will never find
8	Double grapevine left	we can act like we come from out of this world, leave the real one far behind
8	Lasso overhead	bridge: And we can dance (dansé)
8	Lasso with 2 knee bends	synthesizer instrumental
8	Orbit passing left	Verse A: We can go where we want to, night is young & so am I
8	Breaks at the waist L, R, L, R – finish holding hoop out to right side	We can dress real neat from our hats to our feet and surprise them with the victory cry
8	Swivel hoop in hand to Jump in, spin holding hoop in a stall at waist	Verse B: Say, we can act if we want to, if we don't nobody will
8	Turn, back frame, then holding hand vertically at side in R hand, lower till hand is at shoulder	And you can act real rude, totally removed, and I can act like an imbecile
8	Weave with R hand, walk fwd 4, back 4 counts, but hold hoop in firm grip at bottom, hoop on R side, arm extended	Chorus: Say, we can dance, we can dance, everything's out of control
8	Pivot R180° each time x 4	We can dance, we can dance (2 nd time); we're doing it from wall to wall
8	Big circles clockwise from bottom, arms fully extended x 4	We can dance, we can dance, everyone look at your hands
8	Hinge down, down, up, frame/ pose	We can dance (4 th time), everyone's taking the cha-a-a-nce
16	Solo/ free style	Bridge: safety dance, safety dance
16	Solo/ freestyle	Instrumental bridge
8	Grapevine left x 2	Verse A: We can dance if we want to, we've got all your life & mine
8	Orbit to left	As long as we abuse it, never gonna lose it, everything'll work out right
8	Jump in sideways (hoop held R, then pivoted under to jump in), stall & turn to L	Verse B: we can dance if we want to, we can leave your friends behind
8	Turn, back frame, then holding hand vertically at side in R hand, lower till hand is at shoulder	'cause your friends don't dance and if they don't dance well they're no friends of mine
8	Weave stepping back 4 & fwd 4	Chorus: Say, we can dance, we can dance, everything's out of control
8	Pivot turning 180° each time, hoop held firm at 6 o'clock at R side	We can dance, we can dance (2 nd time); we're doing it from wall to wall
8	Big circles clockwise from bottom, arms fully extended 4	We can dance, we can dance, everyone look at your hands
8	Hinge down, down, up, frame	We can dance (4 th time), everyone's taking the cha-a-a-nce
8	Solo freestyle	Extro: It's safe to dance (to fade)
8	Repeat to pose at end	